

Contact us

Get in touch to find out how we can help you.



020 3960 7920



referrals@advocacyproject.org.uk



www.advocacyproject.org.uk

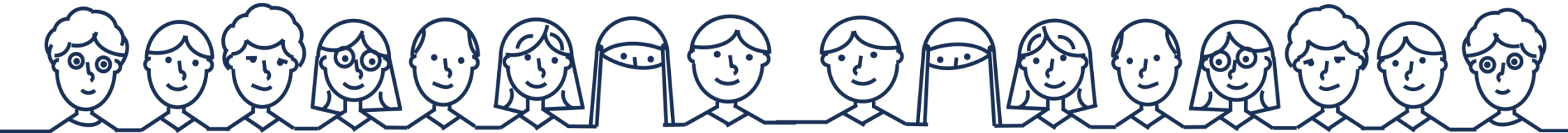


your voice your rights your choice

"If it wasn't for your outstanding support and you understanding me, I would have felt trapped and alone. I am extremely grateful for what you do"

Independent Mental Health Advocacy

Free, independent &
confidential support



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What is an IMHA?

An IMHA is an Independent Mental Health Advocate who supports patients detained under the Mental Health Act.

Who we work with

We work with people who have the legal right to advocacy, including:

- › patients detained under the Mental Health Act (MHA)
- › conditionally discharged patients
- › patients under Community Treatment Orders
- › patients considered for treatment under section 57 and 58A of the MHA
- › patients receiving aftercare under section 117 of the MHA

How we work

- › We are independent from other services.
- › The work we do is led by you. We will only take action if you ask us to.
- › Advocacy is free for the person using our services.
- › Advocacy is confidential. We will not pass on anything you share with us unless you ask us to, or you/others are not safe.

“If it wasn’t for my advocate’s support, I wouldn’t have had the courage to talk about my concerns.”

An advocate can:

- › give you information about your legal rights whilst you’re detained
- › give you information about hospital processes
- › support you in meetings with professionals
- › support you to apply for and attend mental health review tribunals and/or hospital managers hearings
- › support you to have your voice heard about your care and treatment
- › help you access your medical records
- › support you to contact specialist help such as solicitors or benefits advisers

“[Advocacy] helped me to stand up for myself and stand my ground.”

An advocate does not:

- › give advice; we will only give you information
- › make choices for you; we will only support you to make your own choices
- › judge you; we will respect your decisions

Complaints

If you are unhappy about any aspect of our service please call 020 8969 3000 and ask to speak to the manager for your service, or the Head of Service Delivery.

