



Covid-19: how can we use this opportunity to value carers?

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HEAD OF SERVICES, CARERS NETWORK

Carers Network: who are we

Supporting adult carers looking after adults in the London boroughs of Westminster, Hammersmith & Fulham, and Kensington & Chelsea

Carers Hubs provide:

- Information and Advice
- Carers Assessments
- Peer support groups
- Training and workshops
- Carers' Forums
- Outings and social events
- End of Life Carers Project
- Former Carers Project

On the news.....

[Unpaid carers were isolated even before lockdown – now we're invisible](#)

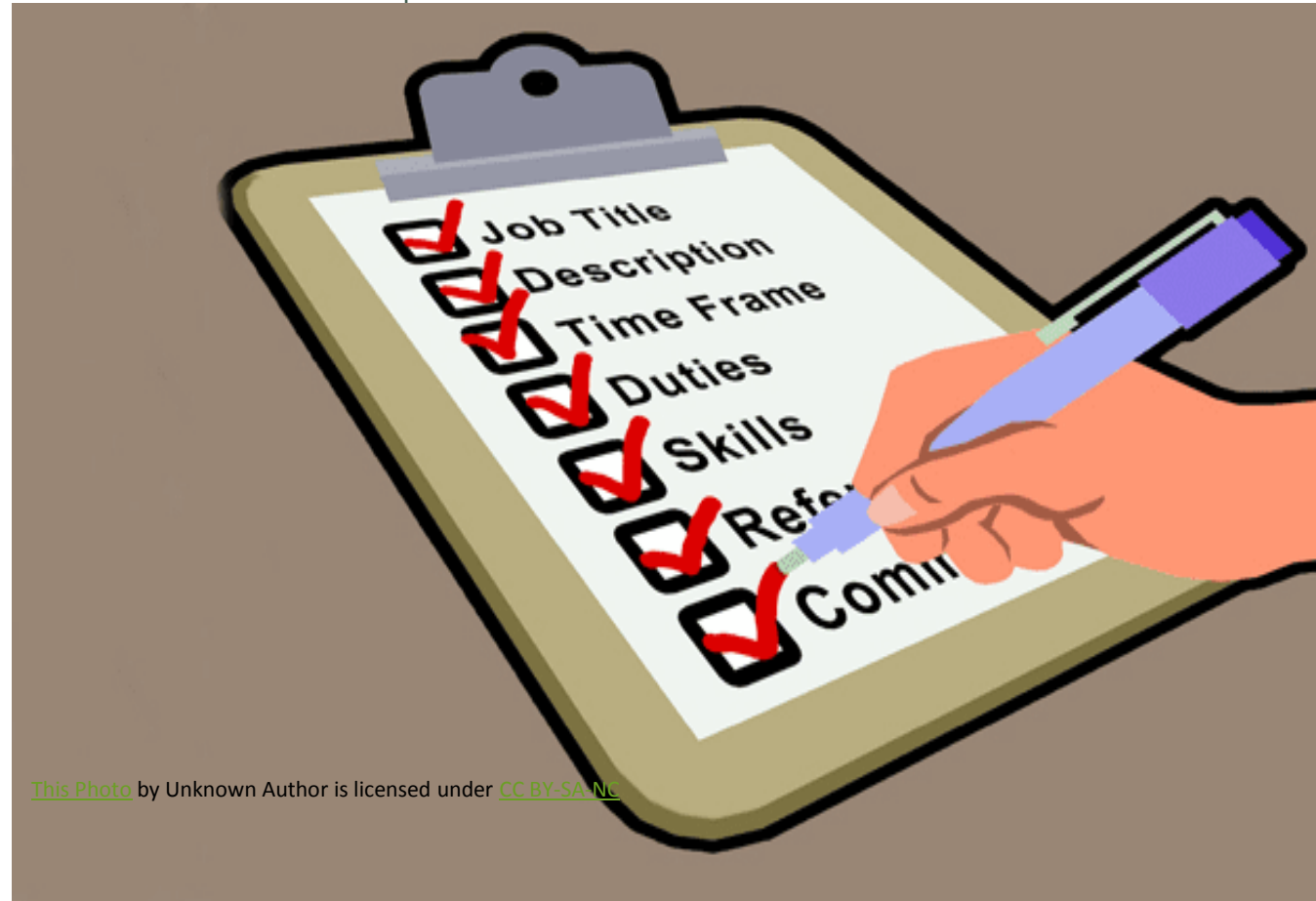
[Coronavirus: 4.5m people in UK forced to become unpaid carers](#)

['Invisible' unpaid carers going hungry in lockdown](#)

[The Queen and The Princess Royal speak to carers in video call to mark Carers Week](#)

A carer is anyone who cares, unpaid,
for a friend or family member who due to
illness, disability, mental health problem or addiction
cannot cope without their support

A carer's job description



The impact of caring



SOCIAL



FINANCIAL



PHYSICAL
HEALTH



PSYCHOLOGICAL
HEALTH



WELLBEING



EDUCATION AND
EMPLOYMENT

Meet



Carer's stories: <https://youtu.be/IRAbCOwoVnM>

Identifying & supporting carers **matter**

**Making
caring & carers
visible**

**Making
support services
inclusive**

Further information and support

Carers Network

www.carers-network.org.uk

Find a carers centre near you

www.carers.org/help-and-info/carer-services-near-you

Care Act 2014

www.legislation.gov.uk/ukpga/2014/23/contents/enacted

Carers UK State of Care Survey 2019

[www.carersuk.org/images/News_campaigns/CUK State of Caring 2019 Report.pdf](http://www.carersuk.org/images/News_campaigns/CUK_State_of_Caring_2019_Report.pdf)

Commissioning for Carers Principles

www.england.nhs.uk/commissioning/wp-content/uploads/sites/12/2014/12/comm-carers-princ-091214.pdf

Any Questions?





Thank You

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