

# What user involvement is

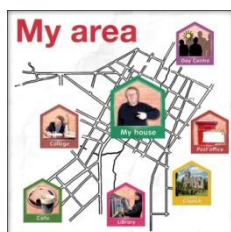
**User involvement is making sure:**



1. You can speak up about the services you use



2. Your voice is heard by the people who make decisions



We run user involvement projects for people with learning disabilities in Westminster, Kensington and Chelsea, and Brent.

## How you can speak up



There are different ways you can speak up and tell us what you think about the services you use. You can get involved in a speaking up group. You can become a rep.