

# Lunchtime Lecture

## Bags of Taste



Join us for a talk with  
Alicia Weston from Bags  
of Taste

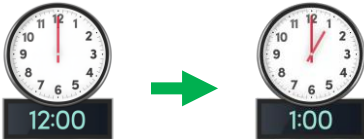


We will learn about how  
food can affect:

- Confidence and
- Mental health



**Date and time**  
8 July



12.00 – 1.00 PM



**Where**  
Online



You can get the link to  
the meeting by calling:

**02039607920**